

MAY 2014 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Home Made Raisin Bread Apples	2 Bran Flakes and Crasins
5 Zucchini Bread Apples	6 Coconut Oatmeal Baked Apples	7 Whole Wheat Bagels with Peanut Butter Apples	8 Orange Cranberry Bread Grapes	9 Raisin Bread Oranges
12 Blueberry Coffee Cake Grapes	13 Egg in A Hole Strawberry Salad	14 Rice Crispies Grapefruit	15 Raspberry Crunch Muffins	16 English Muffins with Apple Butter Pineapple
19 Fruit Pizza on Bagels	20 Blueberry Pancakes Peach Smoothie	2 Cheerios Melon	22 Whole Wheat Banana Bread Homemade Applesauce	23 Rice Cakes with Peanut Butter and Honey Melon
26 CLOSED	27 Egg and Turkey Sausage Breakfast Burritos Mango	28 Good Morning Gorp	29 Blueberry Lemon Bread Strawberries	30 Granola with Craisins and Raisins

All fruits and vegetables are fresh. Any grain will be whole wheat or multi-grain. All milk based products such as cheeses are 2%. All meats should be lean cut and low sodium. Any dip will be low fat or fat free. All snacks served with water unless otherwise noted.