

# MAY 2016 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 English Muffin with Cream Cheese  Grapefruit	3 Blueberry Pancakes  Strawberry Smoothie	4 Raspberry Muffin  Mixed Fruit	5 Banana Bread  Mangoes	6 Peanut Butter Tortilla Wraps  Honeydew
9 Chex Duo Cereal  Cantaloupe	10 Toasted Coconut Rice Cereal Orange Smoothie	11 Pumpkin Muffins  Apples	12 Good Morning Gorp (Dried Fruit and Grain Trail Mix)	13 Cinnamon Wheat Coffee Cake  Watermelon
16 Cheerios  Apples	17 Waffles  Pineapple	18 Bagels with Apple Butter  Pears	19 Fruit and Granola Parfait	20 Morning Glory Muffins  Red Grapes
23  Breakfast Cookies (Oats with Dried Fruit)	24  Breakfast Casserole  Honeydew	25  Carrot Apple Muffins Diced Apples	26  Pancake Fruit Pizzas with whipped Cream Cheese	27  Cranberry Bread  Fruit Salad
30  <b>CLOSED FOR MEMORIAL DAY</b>	31 Apple Cinnamon Pancakes  Strawberry Banana Smoothie	 <p>The logo for First Light Early Education Center features the words "First Light" in a large, purple, cursive font. A small yellow sun icon is positioned above the letter "i" in "Light". Below "First Light", the words "EARLY EDUCATION CENTER" are written in a smaller, purple, sans-serif font.</p>		

\*All fruits and vegetables are fresh. Any grain will be whole wheat or multi-grain. All milk based products such as cheeses are 2%. All meats should be lean cut and low sodium. Any dip will be low fat or fat free. \*\*All meals and snacks served at First Light are made in facilities that prepare food items containing eggs, milk, peanuts, tree nuts, wheat, soy, fish and shellfish.