

# JUNE 2019 SNACK MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> CHEESE STICKS  CUCUMBER CREAM CHEESE SANDWICHES	<b>4</b> RICE PUDDING  BREADSTICKS IN MARINARA SAUCE; BROCCOLI SPEARS	<b>5</b> RICE CAKES (1'S THINS) VEGGIE PIZZA WITH CREAM CHEESE ON WHOLE WHEAT ENGLISH MUFFINS	<b>6</b> ANIMAL CRACKERS  WHOLE GRAIN CHIPS AND FRUIT SALSA (1'S BREAD)	<b>7</b> APPLESAUCE  TUNA SALAD WITH WHOLE WHEAT BREAD
<b>10</b> POPCORN; 1'S CEREAL BANANA ICE CREAM WITH PEANUT BUTTER SAUCE TOPPING	<b>11</b> LEMON POPPYSEED BREAD  WHOLE GRAIN CRACKERS AND BEAN DIP	<b>12</b> SWEET POTATO FRIES FROZEN FRUIT BARS AND CEREAL	<b>13</b> BANANA OAT CHOCOLATE CHIP COOKIES ENGLISH MUFFINS WITH EGGS	<b>14</b> CARROTS IN RANCH  FUNKY MONKEY SMOOTHIE
<b>17</b> EGGS  VEGGIE TRAY AND ROLLS	<b>18</b> WHOLE GRAIN CEREAL ANTS ON A LOG	<b>19</b> OAT POWER BALLS PEANUT BUTTER BREAD	<b>20</b> PUMPKIN BANANA SMOOTHIE WHOLE GRAIN CRACKERS AND CHEESE	<b>21</b> <div style="text-align: center; padding: 10px;">                         Closed for                          In-Service                     </div>
<b>24</b> APPLES  CARROTS STICKS IN HUMMUS	<b>25</b> PRETZELS (1'S BREAD)  WHOLE GRAIN CEREAL; BANANAS	<b>26</b> DROP BISCUITS  PEANUT BUTTER JELLY SAMMIES ON WHOLE WHEAT BREAD	<b>27</b> CANTALOUPE  WHOLE WHEAT APPLE "PIE" BARS	<b>28</b> TROPICAL FRUIT SALAD  EGGS AND CUCUMBER SPEARS

All foods are non-GMO if not all organic. Some substitutions may be made for 1 year olds as needed. \*\*All meals and snacks served at First Light are made in facilities that prepare food items containing eggs, milk, peanuts, tree nuts, wheat, soy, and fish. Fruits and Vegetables may change based on availability.

