

DECEMBER 2014 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Tacos on Whole Wheat Tortilla</p> <p>Mango Slices</p>	<p>2 Cheese Pizza on Whole Wheat Crust</p> <p>Tossed Salad with Kale</p> <p>Applesauce</p>	<p>3 Homemade Chicken and Noodles</p> <p>Grapefruit</p>	<p>4 Whole Wheat Pancakes</p> <p>Scrambled Eggs with Veggies and Cheese</p> <p>Bananas</p>	<p>5 Dirty Rice with Turkey Sausage</p> <p>Grape Slices</p>
<p>8 Spaghetti with Whole Wheat Noodles</p> <p>Kale Garden Salad</p> <p>Cantaloupe</p>	<p>9 Pork Loin Roast</p> <p>Mashed Sweet Potatoes</p> <p>Grapefruit</p>	<p>10 Black Bean and Cheese Quesadilla</p> <p>Pepper Strips</p> <p>Pineapple</p>	<p>11 BBQ Turkey Sandwich</p> <p>Tossed Salad</p> <p>Honeydew</p>	<p>12 Lean Beef Chili</p> <p>Whole Wheat Crackers</p> <p>Mixed Berries</p>
<p>15 Tuna, Pea and Macaroni Salad</p> <p>Mango Slices</p>	<p>16 Tomato Soup</p> <p>Cheese and Crackers</p> <p>Apple Slices</p>	<p>17 Lean Beef Meatloaf</p> <p>Whole Wheat Breadstick</p> <p>Orange Slices</p>	<p>18 Whole Wheat Penne with Chicken</p> <p>Broccoli</p> <p>Sliced Green Grapes</p>	<p>19 Lean Beef Stew w/ Potatoes, Carrots and Celery</p> <p>Wheat Roll</p> <p>Grapefruit</p>
<p>22 Turkey and Wild Rice Vegetable Soup</p> <p>Green Apple Slices</p>	<p>23 Tamale Pie</p> <p>Green Salad</p> <p>Steamed Corn</p>	<p>24 CLOSED</p>	<p>25 CLOSED</p> <p>MERRY CHRISTMAS</p>	<p>26 Chicken, Vegetable, and Barley Soup</p> <p>Honeydew</p>
<p>29 Chicken Ratatouille Pasta</p> <p>Applesauce</p>	<p>30 Grilled Tuna Patty on Wheat Roll</p> <p>Pineapple</p>	<p>31 Sweet and Sour Chicken with Brown Rice</p> <p>Stir Fry Veggies</p> <p>Tropical Smoothie</p>		