

# MARCH 2012 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
 <p><b>Catering</b> for a Cause</p>			1 Homemade Chicken Noodle Soup, Garden Snap Peas and Florida Oranges	2 Grilled Cheese Sandwich, Steamed Green Beans, Purple Grape Slices
5 Oven Baked Chicken Breast, Sweet Potato Fries, Cheese Biscuits and Kiwi Slices	6 Deceptively Delicious© Tuna Fish Wrap with Lettuce and Tomato, Pea Pods and Mandarin Oranges	7 Cheese Pizza on Whole Wheat Crust, Sweet Peas, and Strawberry Slices	8 Beef Tips with Light Demi-Glaze over Pasta, Arugula with Light Vinaigrette Dressing and Raspberries	9 Peanut Butter with Homemade Low Sugar Grape Jelly on a Bagel, Zucchini and Mushroom Stir Fry, Apple and Yogurt Dippers
12 Oven Roasted Turkey Breast with Tomato on a Bun, Asparagus Spears and Apple Slices	13 Baked Teriyaki Pork Chop, Couscous with Stir Fry Pea Pods and Cantaloupe Wedges	14 Vegetable Beef Barley Soup, Breadstick and Mango Slices	15 Nachos with Multi-Grain Chips, Refried Beans and Cheese, Multi-Colored Pepper Strips and Strawberry Slices	16 Oven Roasted Chicken Breast Wrap, Lettuce and Avocado Slices, Steamed Broccoli, and Mandarin Oranges
19 Lean Beef Slices, with Romaine Lettuce, Tomato, Purple Onion on a Bun, Baked Potato Wedges & Apple Slices	20 Hand breaded Oven Baked Chicken Strips, Pasta, Zucchini Wedges and Purple Grape Slices	21 Vegetable Lasagna with Spinach and Mushrooms, Breadstick and Florida Oranges	22 Oven Roasted Drumsticks, Steamed Green Bean Almandine, Roll and Mango Cubes	23 Egg Salad Wrap, Steamed Broccoli, Mixed Fruit Medley
26 Sweet & Sour Baked Pork, Bread Stick, Steamed Carrots, and Pineapple Chunks	27 Oven Roasted Turkey Slices, Squash Casserole, Roll with Raspberries	28 Taco Salad (Beef, Cheese, Lettuce & Olives) in Homemade Taco Bowl, Mild Salsa and Mandarin Oranges	29 Spaghetti with Meaty Marinara Sauce, Mixed Green Salad and Strawberries	30 Hamburger and Brown Rice Stuffed Colored Pepper, Roll and Apple Slices.

\*All menu items are fresh fruits and vegetables, unless weather interferes with a shipment. Any grain servings will be whole wheat or multi-grain. All milk based products such as cheeses are 2% and meats will be lean cut. Each meal is served with 1% milk to drink.